

2014

Emergency Response Team Planning FEMA for Kids



August 2014

FEMA for Kids (F4Kids)



Welcome: Host/Sponsor

Introductions: Staff, Guests, and Attendees

Begin by asking questions:

1. Who knows what a natural disaster is?
2. Who can name different kinds of disasters?
3. Do you know anyone who has been in a disaster? **if appropriate
4. Was anyone here in a disaster **if appropriate
5. Have you ever heard of FEMA? (Federal Emergency Management Agency)

BRIEFLY Explain Declaration Process:

1. A natural disaster happens. When the damage is more than the City, County or State officials can handle or fix quickly the Governor asks the President to help and provide assistance.

Who knows the Governor's name?

Who knows the President's name?

2. Discuss emergency preparedness: *Is it important to pre-plan? Why?*

Disaster Back Pack Activity:

Items needed:

Yogurt box	Bottle of Sanitizer	Jacket
Ice cream box	Packet of wipes	Clothes
Crackers	Medical bracelet	iPad
Bread	Medicine list	Books
Can opener	Sandals	Cell phone
Can goods	Shoes	Batteries
Lunchables	Socks	Family Contact List
Peanut butter/jelly	Water	Fruit Cups
Cheese	Granola Bars	Juice
Waffles	Box of Cereal	Empty Back pack/box



Handouts:

- Family Disaster Kit List
- Certificates (Ready.gov)
- Disaster Activity Books, ages 4-11 (Ready.gov)-Optional

What would you need to feel safe and secure?

A favorite stuffed animal? Toys? Remember, electronics won't work!



Set Up Options:

One table that all attendees can see the Station attendees move between

Discussion:

Did you know the President says “everyone is an emergency manager and should be prepared to live without electricity or water for three days”?

What would you do if you didn't have electricity or water for three days?

So that means all of us in this room should be prepared for a natural disaster. *Right?*

We are going to build your disaster kit.....

As you hold up (or move to tables) facilitators should foster interactive discussion between youth regarding what should or should not be in the disaster back pack and why.

Example: ham sandwich versus peanut butter/jelly—reminder, if the electricity is off the refrigerator doesn't work, so the ham sandwich may not be so good after a couple of hours...

When the back pack is complete ask if there are other items to be added. Discuss pros cons

Final discussion:

Encourage attendees to take a disaster list home and have a family activity to see if their household is prepared and if not, plan a time to gather items on the list.

Modifications: Activity can be modified to age appropriate such as:

Tweens:

1. Back pack list, curling iron versus comb/brush
2. Video games versus books
3. Divide into groups, each one choose a different area of USA, choose a disaster to present to group, discuss what items are the same or different based on each area.

Teens/EMBODI:

Encourage to participate and present item #3 above to group or younger ages

Collegiate:

Excellent facilitators for F4Kids at local schools and community centers



Are You Ready?

Recommended Disaster Supply Kit

Emergency Identification:

- Duplicate identification for all family members
- Duplicate prescription for medication and glasses
- Contact numbers of family members and meeting point location map
- Duplicate residency verification
- List of valuables for insurance claims

Basic emergency supply kit could include the following recommended items:

- *Water:* one gallon of water per person per day for at least three days, for drinking and sanitation
- *Food:* at least a three-day supply of non-perishable food
- *First aid kit and thermometer*
- Battery-powered or hand crank radio; NOAA Weather Radio w/ tone alert & extra batteries for both
- Flashlight and extra batteries
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter in place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and Pencil
- Cell phone with chargers, inverter or solar charger
- Cash, travelers checks and rolls of change
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Change of clothes per family member (long sleeves, long pants, extra shoes)
- Sleeping bags or blankets and pillows
- Childs comfort kit: books, games, puzzles or other activities for children

Additional items may be:

- Infant formula and diapers
- Feminine supplies and personal hygiene items
- Pet food and extra water for your pet; Pet medical records and prescriptions
- Hearing-aid batteries
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes
- Fire extinguisher
- Matches in a waterproof container. Candles.
- Extra eyeglasses and dentures

Family Activity:

1. Gather items for emergency kit
2. Discuss meeting point location if unable to return home
3. Provide information of meeting point contact to family members.
4. Identify an out-of-town contact as a designated person to call, text, or email

Distributed by: Delta Sigma Theta Sorority, Incorporated-Emergency Response Team (Delta-ERT)